

genial Professor deliver a few years ago, it would be quite worth any length of a railway journey to hear it.

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LORD and Lady Strathmore have interested themselves in the question of Sick Nursing among the poor of Forfarshire, the former having accepted the presidency of an Association just formed for that purpose. I am glad to learn that Miss Guthrie Wright, among others, spoke at the meeting recently held at Dundee on behalf of the project, and gave the visitors assembled some of her experiences of this particular kind of work.

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THERE is a silly "item" going the rounds of the press just now, to the effect that a Nurse recently made a charge of two guineas for an hour's massage per day. Evidently the big gooseberry season has not concluded.

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NOTICE that the *Hospital Gazette* of Saturday last, a smart little contemporary not to be confounded with that emporium of rejected small wares of a similar name, has a very interesting article, entitled "A Visit to the British Hospital, Port Said," by R. T. Halliday, M.B.C.M., which is well written and will quite repay perusal.

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I MUST not omit to mention that Miss Mary Mocatta has been appointed to the Matronship of the Waterloo Road Hospital for Women and Children. Miss Mocatta was trained at University College Hospital, and worked afterwards in Charing Cross Hospital. Much is hoped from this appointment, and I trust that Miss Mocatta may soon be able to tempt a goodly number of good Probationers to help in the important work she has undertaken.

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THE half-yearly general meeting of the British Home for Incurables will take place to-day at Cannon Street Hotel, at twelve o'clock, for the election of thirteen candidates, the Earl Amherst presiding. I sincerely hope that Mrs. Duyck may be one of this baker's dozen. It is weary work this voting system of admission to our charities.

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THE thoroughly practical article from the pen of Miss Alice Stone, entitled "The Trained Nurse in Canada," which appeared in the *Nursing Record* of the third of last month, has attracted very considerable attention, no less than eleven contemporary periodicals having copied it into their columns. Five of these have had the good taste to acknowledge its source, the remaining six have not. Among the former the *Philanthropist* is

numbered, which journal of this month, by the way, is full of good things. The Notes by the "Man of Ross" have become quite a readable feature now. S. G.

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ON "WOMAN AS A HELP-MATE IN SANITARY REFORM,"

BY THE MAYORESS OF WORCESTER
(MRS. ERNEST DAY).

Read at the Congress of the Institute held at Worcester.

IN complying with the request to write a short paper on one branch of the wide subject of "Woman's work relating to sanitation and household management," I must at once disclaim any intention of attempting direct teaching. My only excuse for occupying your time at all is the desire I feel to encourage others to seek information, for doing which the present opportunity offers such unusual facilities.

One of the principal objects of such a Congress as this would fail if women held themselves aloof, thinking it did not affect their life work. The growing advantages which we women of the present day enjoy, in better education and higher development of our intellectual faculties, increase our responsibilities. One of the legitimate ambitions of women is to become more fully the intelligent companion and mental help-mate of man; but I fear that in our effort to cultivate this hitherto rather neglected side of our nature we are sometimes in danger of losing sight of the importance of the more material and less attractive duties which come immediately within our peculiar province.

After all, if we, as wives and mothers, do not wisely govern our homes, making them the abodes of real peace and happiness, we woefully fail in our mission in life.

Perhaps, here and there, a woman possessed of real genius may be pardoned for neglecting these obvious and every-day duties; but such women are brilliant exceptions, and it is hardly to be wished that they should be other than exceptions. Without desiring to go back to the days of endless toil in unproductive needlework, may we not with advantage imitate the devotion of our grandmothers to home problems, which is gradually becoming a rare accomplishment, and may we not do this in a far more intelligent and helpful manner than they did?

No liberal-minded man wishes his wife to be *merely* a superior cook or Nurse, and, on the other hand, no woman ought to feel herself thoroughly educated and competent to become a wife unless she has a theoretical and practical

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